

Slips, trips and falls aren't funny!

Two thirds of all falls occur on the same level, and most are caused through human error—not watching out, running or walking too fast, slipping on an icy surface, tripping on a broken or uneven floor or a temporary obstacle left in an untidy work area. Other fall injuries occur when someone working at heights makes an unsafe move or fails to wear a fall arrester.

Slips, trips and falls can result in major injury. Falls are a leading cause of accidental death, second only to auto collisions.

Watch your footing at all times. There's nothing amusing about slips, trips or falls. They can have serious consequences.

AVOID SLIPS, TRIPS AND FALLS



To reduce the risk of a trip, slip or fall

- Wear suitable non-slip footwear
- Keep your work area and aisles and working areas clear of tripping hazards
- Report fall hazards such as damaged flooring, or wet or ice covered walkways
- Barricade or sign-post temporary slipping or tripping hazards in your work area
- Hold onto the handrail when negotiating stairs
- Use the proper fall protection equipment when working at heights
- Watch your footing and walk, don't run
- Check your path ahead when carrying an object that obstructs your view
- Always use the correct equipment—a ladder or proper elevation equipment to gain height, and a safety harness when needed.



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